

Sun Safety

Dear Sun Safety Kit Recipient:

Thanks for your interest in protecting park and recreation staff, as well as patrons, from skin cancer. The purpose of this kit is to increase awareness and practice of sun safety principles and strategies. The kit includes educational materials that should be copied and distributed to staff and patrons.

This action kit consists of practical and useful tools to ensure that staff and patrons are aware of behaviors that promote sun safety and can prevent skin cancer.

The following information is included in this kit:

- 1. Introduction Letter
- 2. Sun Safety Summary
- 3. Sun Protection Policy Guidelines
- 4. What Parks & Recreation Staff Should Know
- 5. What is the UV Index?
- 6. Parents Information
- 7. Sun Safety Pledge
- 8. Sunscreen Parent Permission Form
- 9. Evaluation Form

Evaluation

We encourage you to complete and fax or mail the evaluation form included in this folder to Maine Comprehensive Cancer Control Program.

Acknowledgements

We would like to acknowledge that these materials were adapted from the California Department of Public Health's Skin Cancer Prevention Program.

Assistance

Parks and Recreation departments are encouraged to take small steps such as educating their staff, establishing sun safety policy and educating young patrons and their parents. If you need assistance in utilizing this kit or have question please contact Netta Apedoe at 287-4715 or netta.apedoe@maine.gov

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